

Data Sources

Personal Health Indicators	Source	Source Links
% exercising in the last 30 days	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% meeting aerobic activity guidelines	2015 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% meeting aerobic & strength activity guidelines	2015 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% consuming 2+ fruits/day	2015 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% consuming 3+ vegetables/day	2015 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% getting 7+ hours of sleep/day	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% smoking	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% with obesity	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% in excellent or very good health	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% physical health not good during the past 30 days	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% mental health not good during the past 30 days	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% with asthma	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% with high blood pressure	2015 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% with angina or coronary heart disease	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% with stroke	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm
% with diabetes	2016 BRFSS - County Data	http://www.cdc.gov/brfss/index.htm

Community/Environment Indicators	Source	Source Links
Parkland as % of city	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Acres of parkland/1,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Farmers' markets/1,000,000 residents	2017 USDA Farmers Markets	https://catalog.data.gov/dataset/farmers-markets-geographic-data
% using public transportation to work	US Census 2016 ACS	http://factfinder2.census.gov/faces/nav/jsf/pages/index.xhtml
% bicycling or walking to work	US Census 2016 ACS	http://factfinder2.census.gov/faces/nav/jsf/pages/index.xhtml
Walk Score®	Walk Score	http://www.walkscore.com/cities-and-neighborhoods/
% within a 10-minute walk to a park	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Ball diamonds/10,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Dog parks/100,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Park playgrounds/10,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Basketball hoops/10,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Park units/10,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Recreational centers/20,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Swimming pools/100,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Tennis courts/10,000 residents	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Park expenditure/resident (adjusted)	FY 2016 Trust for the Public Land - City Information	https://www.tpl.org/2017-city-park-facts
Physical education requirement	Shape of the Nation 2016	http://www.shapeamerica.org/advocacy/son/index.cfm