

RANK
3

SAN FRANCISCO, CA

(San Francisco-Oakland-Hayward, CA MSA)

Total Score = 73.3

Areas of Excellence (at or better than target goal):

- Higher percentage of any physical activity or exercise in the last 30 days
- Higher percentage meeting CDC aerobic activity guidelines
- Higher percentage meeting both CDC aerobic and strength activity guidelines
- Higher percentage consuming 3+ vegetables per day
- Lower percentage currently smoking
- Lower percentage obese
- Higher percentage in excellent or very good health
- Lower death rate for cardiovascular disease
- Higher percentage of parkland as city land area
- More farmers' markets per capita
- Higher percentage using public transportation to work
- Higher percentage bicycling or walking to work
- Higher Walk Score®
- Higher percentage within a 10 minute walk to a park
- More dog parks per capita
- Higher park-related expenditures per capita
- Higher level of state requirement for Physical Education classes

Improvement Priority Areas (worse than 20% of target goal):

- Higher percentage with asthma
- Fewer acres of parkland per capita
- Fewer ball diamonds per capita
- Fewer park playgrounds per capita
- Fewer basketball hoops per capita
- Fewer park units per capita
- Fewer recreation centers per capita
- Fewer swimming pools per capita

Description of San Francisco-Oakland-Hayward, CA MSA

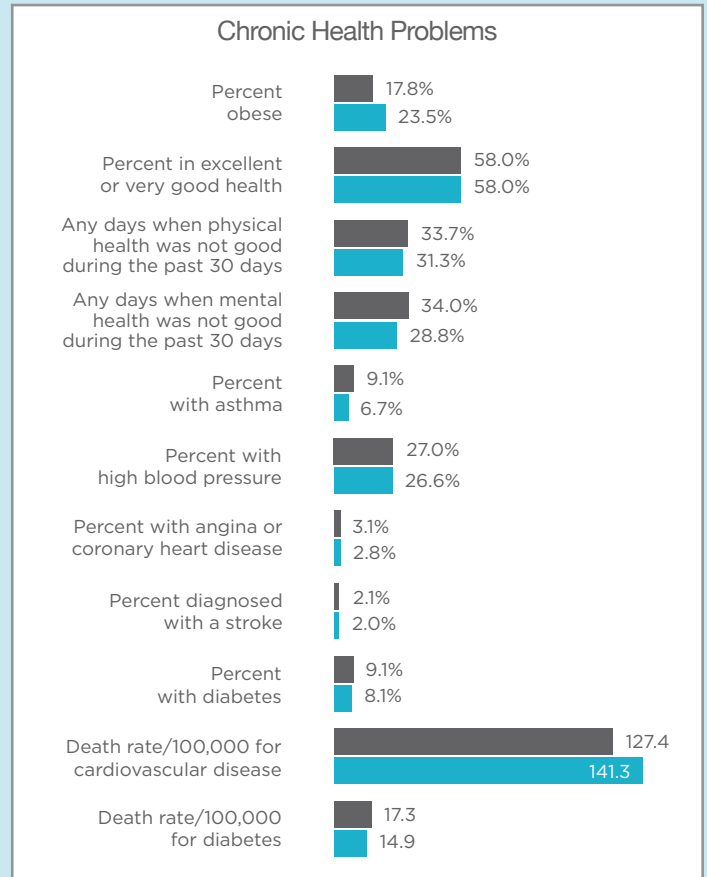
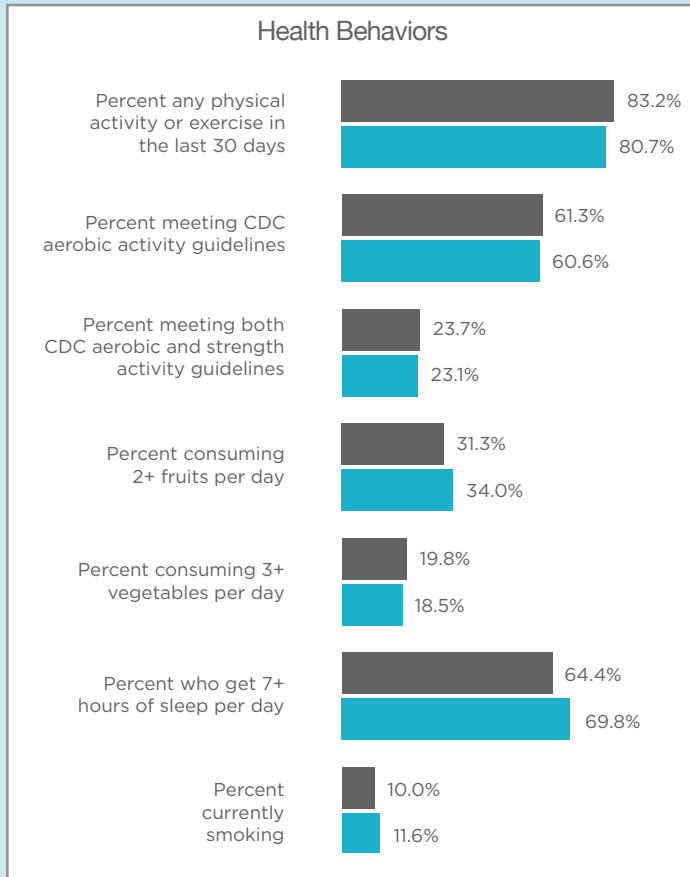
Population	4,656,132
Percent less than 18 years old	20.2%
Percent 18 to 64 years old	65.5%
Percent 65 years old and older	14.3%
Percent male	49.3%
Percent high school graduate or higher	88.2%
Percent White	50.3%
Percent Black or African American	7.5%
Percent Asian	25.5%
Percent Other Race	16.7%
Percent Hispanic/Latino	21.9%
Percent unemployed	5.4%
Median household income	\$88,518
Percent of households below poverty level	6.8%
Violent crime rate/100,000*	484.9
Percent with disability	10.1%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas.

ACSM American Fitness Index® Components

Personal Health Indicators – Score = 84.6; Rank = 3

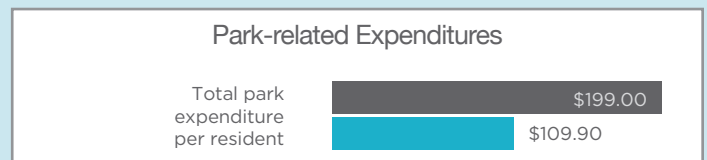
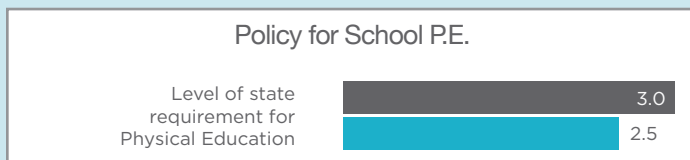
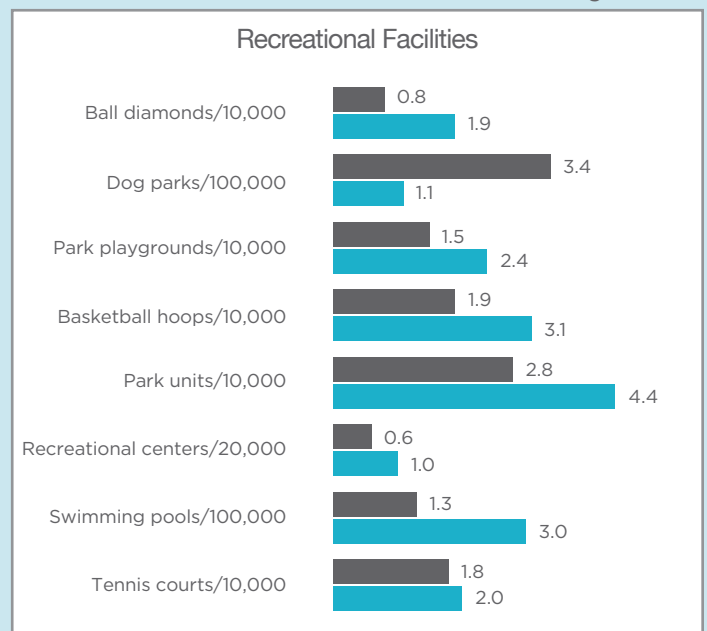
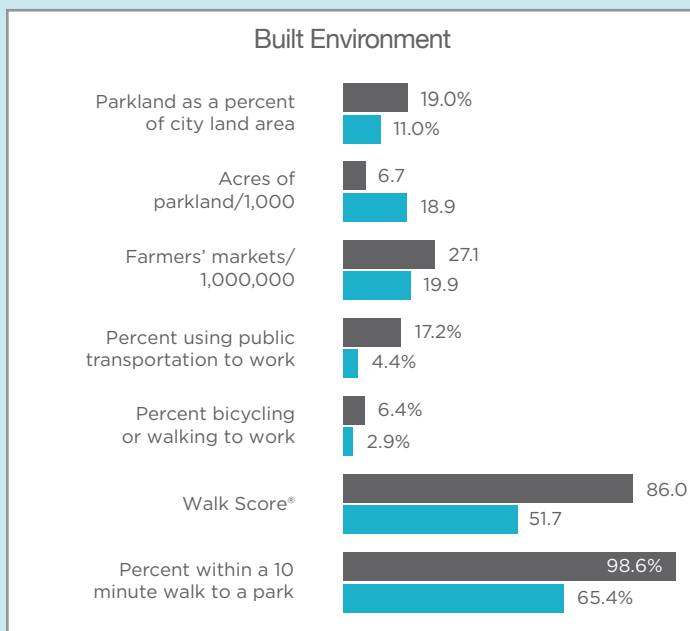
San Francisco Target Goal*



Community/Environmental Indicators – Score = 59.7; Rank = 17

(note: most of these data were available only for the main city in the MSA)

San Francisco Target Goal**



*The target goal for the Personal Health Indicators was the 90th percentile from the most recent three years, 2015 to 2017. For the newly added personal health indicators the target goals were 90% of the 2017 values.
 **The target goal for the Community/Environmental Indicators was the MSA average for 2015 to 2017. New or recently changed community indicators target goals were an average of the 2017 values.