NEW YORK, NY
(New York-Northern New Jersey-Long Island, NY-NJ-PA MSA)

Ranking: Total Score = 52.8; Rank = 22

Areas of Excellence (at or better than target goal):
- Higher percent of city land area as parkland
- Higher percent using public transportation to work
- Higher percent bicycling or walking to work
- More dog parks per capita
- More park units per capita
- Higher park-related expenditure per capita
- Higher level of state requirement for physical education classes
- Higher number of primary health care providers per capita

Improvement Priority Areas (worse than 20% of target goal):
- Lower percent physically active at least moderately
- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Higher percent with diabetes
- Higher death rate for cardiovascular disease
- Fewer acres of parkland per capita
- Fewer farmers' markets per capita
- Fewer ball diamonds per capita
- Fewer park playgrounds per capita
- Fewer golf courses per capita
- Fewer recreation centers per capita
- Fewer swimming pools per capita
- Fewer tennis courts per capita

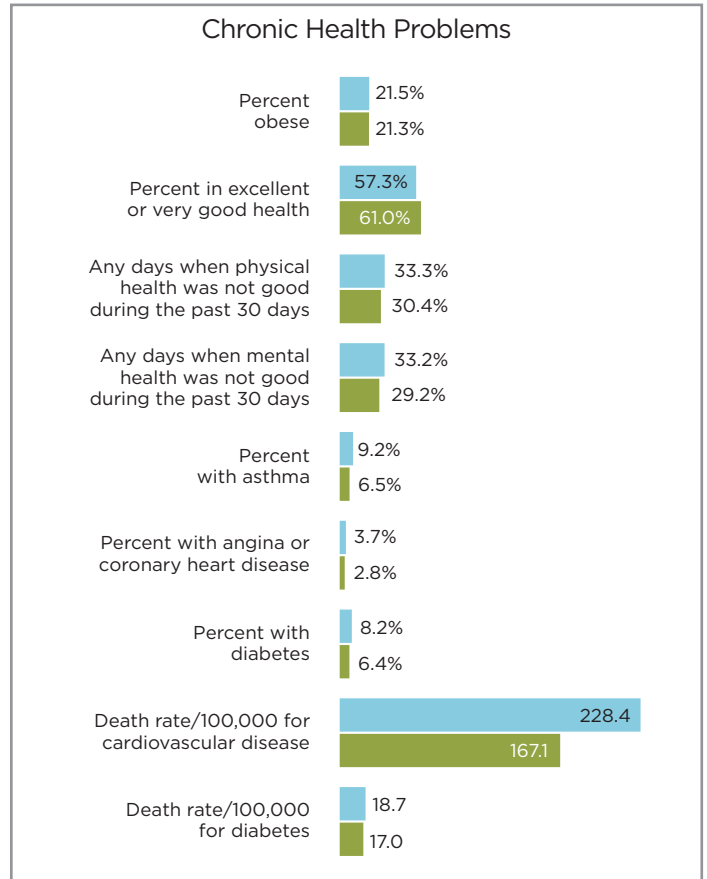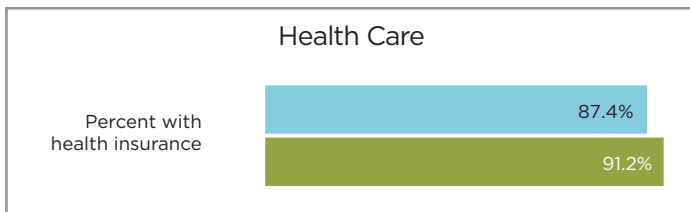**Description of New York-Northern New Jersey-Long Island, NY-NJ-PA MSA**

Population	19,069,796
Percent less than 18 years old	22.8%
Percent 18 to 64 years old	64.1%
Percent 65 years old and older	13.1%
Percent male	48.1%
Percent high school graduate or higher	84.7%
Percent White	59.6%
Percent Black or African American	17.4%
Percent Asian	10.0%
Percent Other Race	13.0%
Percent Hispanic/Latino	23.0%
Percent unemployed	10.4%
Median household income	$61,927
Percent of households below poverty level	10.8%
Violent crime rate/100,000*	391.9
Percent with disability	9.3%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas.

ACSM American Fitness Index™ Components

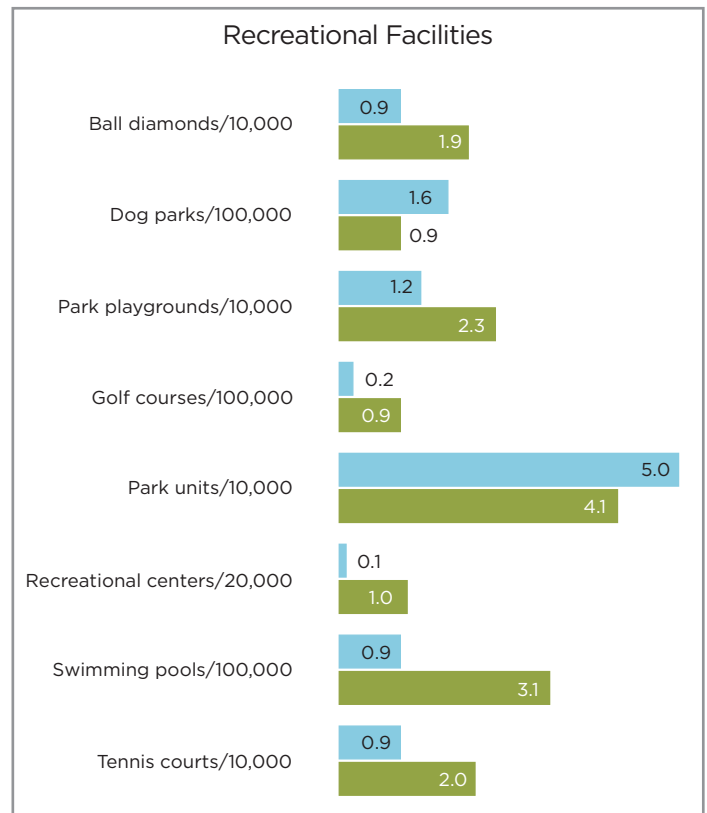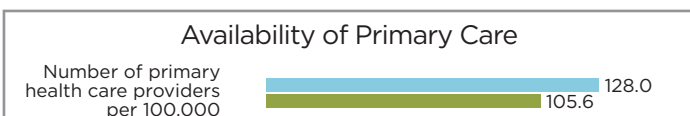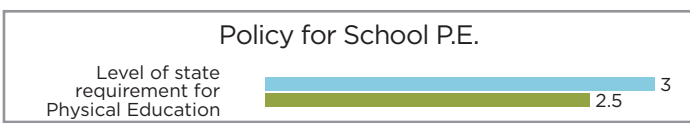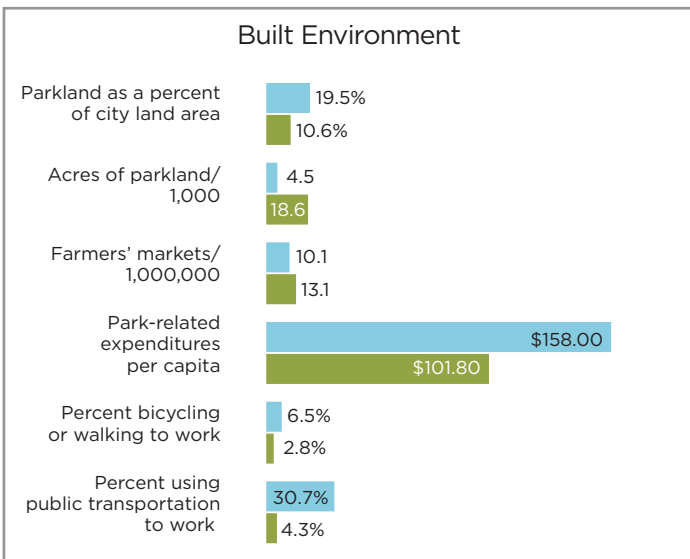## Personal Health Indicators -- Score = 56.4; Rank = 20

Legend: ▮ New York ▮ Target Goal

Health Behaviors

Indicator	New York	Target Goal
Percent any physical activity or exercise in the last 30 days	75.3%	82.6%
Percent physically active at least moderately	43.2%	54.4%
Percent eating 5+ servings of fruits/vegetables per day	24.9%	29.0%
Percent currently smoking	13.4%	13.1%

Health Care

Indicator	New York	Target Goal
Percent with health insurance	87.4%	91.2%

Chronic Health Problems

Indicator	New York	Target Goal
Percent obese	21.5%	21.3%
Percent in excellent or very good health	57.3%	61.0%
Any days when physical health was not good during the past 30 days	33.3%	30.4%
Any days when mental health was not good during the past 30 days	33.2%	29.2%
Percent with asthma	9.2%	6.5%
Percent with angina or coronary heart disease	3.7%	2.8%
Percent with diabetes	8.2%	6.4%
Death rate/100,000 for cardiovascular disease	228.4	167.1
Death rate/100,000 for diabetes	18.7	17.0

Community/Environmental Indicators -- Score = 49.4; Rank = 30

(note: most of these data were available only for the main city in the MSA)

Legend: ▮ New York ▮ Target Goal

Built Environment

Indicator	New York	Target Goal
Parkland as a percent of city land area	19.5%	10.6%
Acres of parkland/1,000	4.5	18.6
Farmers' markets/1,000,000	10.1	13.1
Park-related expenditures per capita	$158.00	$101.80
Percent bicycling or walking to work	6.5%	2.8%
Percent using public transportation to work	30.7%	4.3%

Policy for School P.E.

Indicator	New York	Target Goal
Level of state requirement for Physical Education	3	2.5

Availability of Primary Care

Indicator	New York	Target Goal
Number of primary health care providers per 100,000	128.0	105.6

Recreational Facilities

Indicator	New York	Target Goal
Ball diamonds/10,000	0.9	1.9
Dog parks/100,000	1.6	0.9
Park playgrounds/10,000	1.2	2.3
Golf courses/100,000	0.2	0.9
Park units/10,000	5.0	4.1
Recreational centers/20,000	0.1	1.0
Swimming pools/100,000	0.9	3.1
Tennis courts/10,000	0.9	2.0

Note: The target goal for the Personal Health Indicators is the 90th percentile for MSAs during 2008-2012. The target goal for the Community/Environmental Indicators is the MSA average for 2008 to 2012.