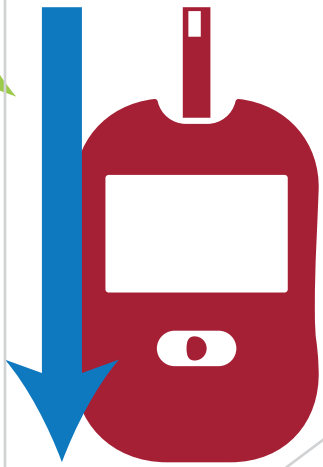
2015 ACSM AMERICAN FITNESS INDEX®

WASHINGTON, DC: PROFILE OF A FIT CITY

HIGH
total park expenditure



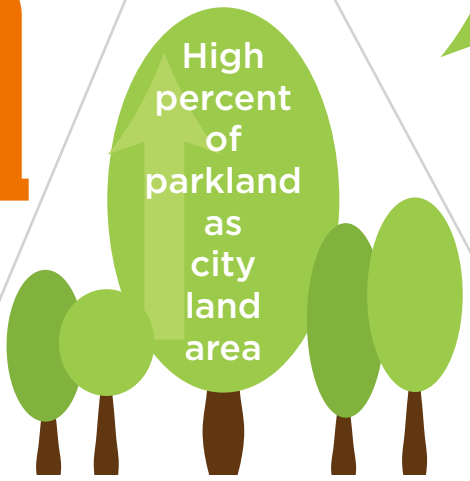
Low percent of population with diabetes

High number of recreational centers

Low percent of population with angina or coronary heart disease

WASHINGTON, DC
2015 TOTAL SCORE = 79.6
RANK = 1

High percent of population using **public transportation** to get to work



High percent of parkland as city land area

High percent of population living within a 10 minute walk to a park

To view the full report, visit:
www.americanfitnessindex.org

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