2016

ACSM AMERICAN FITNESS INDEX

KANSAS CITY, MO

RANK = 30

64.1%

of residents are within a **10** minute **walk to a park**

HIGH number of acres of parkland per capita

MORE tennis courts per capita

HIGH amount of farmers' markets per capita

LOW death rate for **diabetes**

76.8%

of residents participated in **physical activity** or **exercise** in the last 30 days

MORE ball diamonds per capita

www.americanfitnessindex.org

Anthem Foundation