2016

ACSM AMERICAN FITNESS INDEX®

BOSTON, MA

RANK = 7

16.9%

of city land is parkland

97.4%

of residents are within a **10** minute **walk to a park**

12.9% of residents are using public transportation to work

LOW death rate for *cardiovascular disease*

HIGH Walk Score of **79.5**

13.1%

of residents currently smoke

LOW death rate for **diabetes**

www.americanfitnessindex.org

Anthem Foundation