

SAN ANTONIO, TX

(San Antonio, TX MSA)

COUNTIES

Atascosa, Bandera, Bexar, Comal, Guadalupe, Kendall, Medina, Wilson

Ranking: Total Score = 45.0; Rank = 33

STRENGTHS/ADVANTAGES

- Lower percent unemployed
- Lower percent currently smoking
- Lower percent with angina or coronary heart disease
- Lower percent with diabetes
- Higher level of state requirement for Physical Education classes

OPPORTUNITIES/CHALLENGES

- Lower median household income
- Higher percentage of households below poverty level
- Higher death rate for diabetes
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Fewer ball diamonds per capita
- Fewer dog parks per capita
- Fewer park playgrounds per capita
- Fewer golf courses per capita
- Fewer park units per capita
- Fewer recreation centers per capita
- Fewer swimming pools per capita
- Fewer tennis courts per capita
- Lower park-related expenditures per capita
- Lower number of primary health care providers per capita

DESCRIPTION OF SAN ANTONIO, TX MSA

	San Antonio MSA	U.S. Value	MSA Average	MSA Range
Population	2,072,128	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	27.5%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	61.4%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	11.0%	12.9%	11.8%	7.9% – 17.2%
Percent male	49.1%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	81.5%	85.3%	86.7%	77.6% – 92.5%
Percent White	76.6%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	6.4%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	1.8%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	15.2%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	53.4%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	7.8%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$47,955	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	12.6%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	469.6	429.4		
Percent with disability	13.7%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 60.4; Rank = 18

	San Antonio MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	75.0%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	50.3%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	24.4%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	14.0%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	25.2%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	59.6%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	33.3%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	32.9%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	8.3%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.1%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	7.5%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	188.6	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	31.0	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	81.1%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 30.7; Rank = 50

(note: most of these data were available only for the main city in the MSA)

	San Antonio	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	10.7%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	20.7	18.9	2.3 – 94.1
Farmers' markets/1,000,000	15.0	14.8	1.0 – 41.0
Percent using public transportation to work	2.3%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.2%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	0.4	2.0	0.3 – 5.7
Dog parks/10,000	0.1	0.9	0.0 – 5.7
Park playgrounds/10,000	0.9	2.3	0.9 – 4.8
Golf courses/100,000	0.4	1.0	0.0 – 5.0
Park units/10,000	1.8	4.2	1.2 – 10.9
Recreation centers/20,000	0.5	1.1	0.1 – 2.6
Swimming pools/100,000	1.9	3.1	0.6 – 9.2
Tennis courts/10,000	1.0	2.1	0.8 – 6.9
Park-related expenditures per capita	\$52	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	79.7	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level