

RIVERSIDE, CA

(Riverside-San Bernardino-Ontario, CA MSA)

COUNTIES

Riverside, San Bernardino

Ranking: Total Score = 36.8; Rank = 44

STRENGTHS/ADVANTAGES

- More dog parks per capita
- Higher level of state requirement for Physical Education classes

OPPORTUNITIES/CHALLENGES

- Higher percent unemployed
- Higher percentage of households below poverty level
- Higher percent obese
- Lower percent in excellent or very good health
- Higher percent of days when physical health was not good during the past 30 days
- Higher percent of days when mental health was not good during the past 30 days
- Higher percent with diabetes
- Higher death rate for cardiovascular disease
- Higher death rate for diabetes
- Lower percent with health insurance
- Fewer acres of parkland per capita
- Fewer farmers' markets per capita
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Fewer ball diamonds per capita
- Fewer park playgrounds per capita
- Fewer golf courses per capita
- Fewer park units per capita
- Fewer swimming pools per capita
- Fewer tennis courts per capita
- Fewer primary health care providers per capita

DESCRIPTION OF RIVERSIDE-SAN BERNARDINO-ONTARIO, CA MSA

	Riverside MSA	U.S. Value	MSA Average	MSA Range
Population	4,143,113	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	29.4%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	60.5%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	10.1%	12.9%	11.8%	7.9% – 17.2%
Percent male	50.1%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	78.6%	85.3%	86.7%	77.6% – 92.5%
Percent White	64.8%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	7.4%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	5.8%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	22.0%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	46.3%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	14.4%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$53,815	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	12.4%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	413.9	429.4		
Percent with disability	10.7%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 30.7; Rank = 45

	Riverside MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	74.8%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	51.9%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	26.2%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	16.9%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	31.3%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	46.4%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	40.1%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	41.9%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	7.9%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.8%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	9.6%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	228.1	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	27.2	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	77.3%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 42.4; Rank = 35

(note: most of these data were available only for the main city in the MSA)

	Riverside	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	9.6%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	16.2	18.9	2.3 – 94.1
Farmers' markets/1,000,000	6.8	14.8	1.0 – 41.0
Percent using public transportation to work	1.8%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.3%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	1.6	2.0	0.3 – 5.7
Dog parks/10,000	1.4	0.9	0.0 – 5.7
Park playgrounds/10,000	1.4	2.3	0.9 – 4.8
Golf courses/100,000	0.7	1.0	0.0 – 5.0
Park units/10,000	2.1	4.2	1.2 – 10.9
Recreation centers/20,000	1.1	1.1	0.1 – 2.6
Swimming pools/100,000	2.4	3.1	0.6 – 9.2
Tennis courts/10,000	0.9	2.1	0.8 – 6.9
Park-related expenditures per capita	\$96	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	53.5	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level