

PITTSBURGH, PA

(Pittsburgh, PA MSA)

COUNTIES

Allegheny, Armstrong, Beaver, Butler, Fayette, Washington, Westmoreland

Ranking: Total Score = 55.5; Rank = 17

STRENGTHS/ADVANTAGES

- Lower percent unemployed
- Higher percent using public transportation to work
- Higher percent bicycling or walking to work
- More ball diamonds per capita
- More dog parks per capita
- More park playgrounds per capita
- More park units per capita
- More recreation centers per capita
- More swimming pools per capita
- More tennis courts per capita
- Higher level of state requirement for Physical Education classes
- Higher number of primary health care providers per capita

OPPORTUNITIES/CHALLENGES

- Lower median household income
- Higher percent with angina or coronary heart disease
- Higher percent with diabetes
- Higher death rate for cardiovascular disease
- Lower percent of city land area as parkland
- Fewer acres of parkland per capita
- Fewer golf courses per capita
- Lower park-related expenditures per capita

DESCRIPTION OF PITTSBURGH, PA MSA

	Pittsburgh MSA	U.S. Value	MSA Average	MSA Range
Population	2,354,957	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	20.2%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	62.5%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	17.2%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.2%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	91.0%	85.3%	86.7%	77.6% – 92.5%
Percent White	88.6%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	7.9%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	1.5%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	1.9%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	1.2%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	8.3%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$46,349	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	8.8%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	342.9	429.4		
Percent with disability	14.0%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 39.9; Rank = 38

	Pittsburgh MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	74.6%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	52.4%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	24.3%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	18.5%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	28.2%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	54.3%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	36.7%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	34.4%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	8.9%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	5.3%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	9.5%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	222.1	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	22.4	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	90.5%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 69.9; Rank = 4

(note: most of these data were available only for the main city in the MSA)

	Pittsburgh	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	8.8%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	10.1	18.9	2.3 – 94.1
Farmers' markets/1,000,000	14.9	14.8	1.0 – 41.0
Percent using public transportation to work	5.8%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	3.9%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	4.1	2.0	0.3 – 5.7
Dog parks/10,000	1.0	0.9	0.0 – 5.7
Park playgrounds/10,000	4.2	2.3	0.9 – 4.8
Golf courses/100,000	0.3	1.0	0.0 – 5.0
Park units/10,000	5.5	4.2	1.2 – 10.9
Recreation centers/20,000	1.5	1.1	0.1 – 2.6
Swimming pools/100,000	6.1	3.1	0.6 – 9.2
Tennis courts/10,000	2.9	2.1	0.8 – 6.9
Park-related expenditures per capita	\$88	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	108.7	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level