

PHOENIX, AZ

(Phoenix-Mesa-Scottsdale, AZ MSA)

COUNTIES

Maricopa, Pinal

Ranking: Total Score = 45.3; Rank = 32

STRENGTHS/ADVANTAGES

- Lower percent currently smoking
- Lower percent with angina or coronary heart disease
- Lower death rate for cardiovascular disease
- Lower death rate for diabetes
- Higher percent of city land area as parkland
- More acres of parkland per capita
- Higher park-related expenditures per capita

OPPORTUNITIES/CHALLENGES

- Higher percentage of households below poverty level
- Higher percent with asthma
- Fewer farmers' markets per capita
- Lower percent using public transportation to work
- Fewer ball diamonds per capita
- Fewer dog parks per capita
- Fewer park playgrounds per capita
- Fewer golf courses per capita
- Fewer park units per capita
- Fewer recreation centers per capita
- Fewer swimming pools per capita
- Fewer tennis courts per capita
- Lower level of state requirement for Physical Education classes
- Lower number of primary health care providers per capita

DESCRIPTION OF PHOENIX-MESA-SCOTTSDALE, AZ MSA

	Phoenix MSA	U.S. Value	MSA Average	MSA Range
Population	4,364,094	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	27.2%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	61.4%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	11.4%	12.9%	11.8%	7.9% – 17.2%
Percent male	50.6%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	84.6%	85.3%	86.7%	77.6% – 92.5%
Percent White	81.5%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	4.5%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	3.0%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	10.9%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	31.7%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	10.3%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$52,796	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	10.7%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	393.7	429.4		
Percent with disability	9.8%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 57.5; Rank = 19

	Phoenix MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	82.6%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	50.2%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	23.6%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	14.7%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	24.7%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	55.8%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	37.0%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	36.0%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	11.9%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.0%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	7.9%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	164.0	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	16.4	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	86.7%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 34.1; Rank = 44

(note: most of these data were available only for the main city in the MSA)

	Phoenix	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	14.3%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	27.8	18.9	2.3 – 94.1
Farmers' markets/1,000,000	6.9	14.8	1.0 – 41.0
Percent using public transportation to work	2.3%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.7%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	0.7	2.0	0.3 – 5.7
Dog parks/10,000	0.3	0.9	0.0 – 5.7
Park playgrounds/10,000	1.0	2.3	0.9 – 4.8
Golf courses/100,000	0.6	1.0	0.0 – 5.0
Park units/10,000	1.4	4.2	1.2 – 10.9
Recreation centers/20,000	0.5	1.1	0.1 – 2.6
Swimming pools/100,000	1.8	3.1	0.6 – 9.2
Tennis courts/10,000	0.9	2.1	0.8 – 6.9
Park-related expenditures per capita	\$147	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	1	2.5	0 – 3
Number of primary health care providers per 100,000	71.0	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level