

PHILADELPHIA, PA

(Philadelphia-Camden-Wilmington, PA-NJ-DE-MD MSA)

COUNTIES

Burlington NJ, Camden NJ, Gloucester NJ, Salem NJ, Bucks PA, Chester PA, Delaware PA, Montgomery PA, Philadelphia PA, New Castle DE, Cecil MD

Ranking: Total Score = 49.3; Rank = 27

STRENGTHS/ADVANTAGES

- Lower percentage of households below poverty level
- Higher percent of city land area as parkland
- Higher percent using public transportation to work
- Higher percent bicycling or walking to work
- More ball diamonds per capita
- More recreation centers per capita
- More swimming pools per capita
- Higher level of state requirement for Physical Education classes
- Higher number of primary health care providers per capita

OPPORTUNITIES/CHALLENGES

- Higher percent currently smoking
- Higher percent with asthma
- Fewer acres of parkland per capita
- Fewer dog parks per capita
- Fewer park playgrounds per capita
- Fewer golf courses per capita
- Fewer park units per capita
- Lower park-related expenditures per capita

DESCRIPTION OF PHILADELPHIA-CAMDEN-WILMINGTON, PA-NJ-DE-MD MSA

	Philadelphia MSA	U.S. Value	MSA Average	MSA Range
Population	5,968,252	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	23.4%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	63.3%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	13.3%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.4%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	88.2%	85.3%	86.7%	77.6% – 92.5%
Percent White	70.4%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	20.5%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	4.5%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	4.6%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	7.1%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	9.9%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$60,065	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	8.4%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	575.6	429.4		
Percent with disability	12.0%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 42.9; Rank = 33

	Philadelphia MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	75.6%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	43.9%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	24.9%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	19.3%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	25.3%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	55.5%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	36.2%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	34.0%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	10.1%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.8%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	8.5%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	213.2	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	20.3	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	90.8%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 55.1; Rank = 20

(note: most of these data were available only for the main city in the MSA)

	Philadelphia	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	12.6%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	7.1	18.9	2.3 – 94.1
Farmers' markets/1,000,000	13.4	14.8	1.0 – 41.0
Percent using public transportation to work	9.3%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	4.5%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	2.7	2.0	0.3 – 5.7
Dog parks/10,000	0.3	0.9	0.0 – 5.7
Park playgrounds/10,000	1.6	2.3	0.9 – 4.8
Golf courses/100,000	0.4	1.0	0.0 – 5.0
Park units/10,000	2.0	4.2	1.2 – 10.9
Recreation centers/20,000	2.1	1.1	0.1 – 2.6
Swimming pools/100,000	5.5	3.1	0.6 – 9.2
Tennis courts/10,000	1.9	2.1	0.8 – 6.9
Park-related expenditures per capita	\$65	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	120.3	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level