

MIAMI, FL

(Miami-Fort Lauderdale-Pompano Beach, FL MSA)

COUNTIES

Broward, Miami-Dade, Palm

Ranking: Total Score = 43.1; Rank = 35

STRENGTHS/ADVANTAGES

- Lower percent currently smoking
- Lower percent of days when mental health was not good during the past 30 days
- Lower percent with asthma
- Lower death rate for cardiovascular disease
- Lower death rate for diabetes
- More recreation centers per capita
- More swimming pools per capita

OPPORTUNITIES/CHALLENGES

- Higher percent unemployed
- Lower median household income
- Higher percentage of households below poverty level
- Lower percent physically active at least moderately
- Higher percent with diabetes
- Lower percent of city land area as parkland
- Fewer acres of parkland per capita
- Fewer farmers' markets per capita
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Fewer ball diamonds per capita
- Fewer dog parks per capita
- Fewer park playgrounds per capita
- Fewer golf courses per capita
- Fewer park units per capita
- Fewer tennis courts per capita
- Lower park-related expenditures per capita
- Lower level of state requirement for Physical Education classes
- Lower number of primary health care providers per capita

DESCRIPTION OF MIAMI-FORT LAUDERDALE-POMPANO BEACH, FL MSA

	Miami MSA	U.S. Value	MSA Average	MSA Range
Population	5,547,051	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	22.6%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	61.5%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	15.9%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.8%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	82.5%	85.3%	86.7%	77.6% – 92.5%
Percent White	71.7%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	20.4%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	2.3%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	5.6%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	40.3%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	11.7%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$45,946	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	11.5%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	679.9	429.4		
Percent with disability	11.1%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 54.8; Rank = 21

	Miami MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	79.4%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	36.4%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	24.8%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	11.2%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	23.8%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	55.6%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	35.8%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	30.6%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	5.6%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.7%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	10.7%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	175.0	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	18.5	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	84.1%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 32.3; Rank = 48

(note: most of these data were available only for the main city in the MSA)

	Miami	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	4.2%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	2.3	18.9	2.3 – 94.1
Farmers' markets/1,000,000	4.3	14.8	1.0 – 41.0
Percent using public transportation to work	3.5%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.4%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	0.6	2.0	0.3 – 5.7
Dog parks/10,000	0.7	0.9	0.0 – 5.7
Park playgrounds/10,000	1.4	2.3	0.9 – 4.8
Golf courses/100,000	0.2	1.0	0.0 – 5.0
Park units/10,000	2.9	4.2	1.2 – 10.9
Recreation centers/20,000	1.5	1.1	0.1 – 2.6
Swimming pools/100,000	3.6	3.1	0.6 – 9.2
Tennis courts/10,000	1.3	2.1	0.8 – 6.9
Park-related expenditures per capita	\$74	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	1	2.5	0 – 3
Number of primary health care providers per 100,000	46.8	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level