

LOUISVILLE, KY

(Louisville/Jefferson County, KY-IN MSA)

COUNTIES

Clark IN, Floyd IN, Harrison IN, Washington IN, Bullitt KY, Henry KY, Jefferson KY, Meade KY, Nelson KY, Oldham KY, Shelby KY, Spencer KY, Trimble KY

Ranking: Total Score = 29.0; Rank = 49

STRENGTHS/ADVANTAGES

- More acres of parkland per capita
- More farmers' markets per capita
- More golf courses per capita
- More tennis courts per capita

OPPORTUNITIES/CHALLENGES

- Lower median household income
- Higher percentage of households below poverty level
- Higher percent currently smoking
- Higher percent obese
- Higher percent of days when physical health was not good during the past 30 days
- Higher percent of days when mental health was not good during the past 30 days
- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Higher percent with diabetes
- Higher death rate for diabetes
- Lower percent of city land area as parkland
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Fewer ball diamonds per capita
- Fewer dog parks per capita
- Fewer park playgrounds per capita
- Fewer park units per capita
- Fewer recreation centers per capita
- Fewer swimming pools per capita
- Lower park-related expenditures per capita
- Lower level of state requirement for Physical Education classes

DESCRIPTION OF LOUISVILLE/JEFFERSON COUNTY, KY-IN MSA

	Louisville MSA	U.S. Value	MSA Average	MSA Range
Population	1,258,577	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	23.9%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	63.4%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	12.7%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.8%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	86.8%	85.3%	86.7%	77.6% – 92.5%
Percent White	82.5%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	13.0%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	1.3%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	3.2%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	3.2%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	10.1%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$46,786	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	11.2%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	370.4	429.4		
Percent with disability	14.3%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 20.6; Rank = 48

	Louisville MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	72.6%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	46.4%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	24.6%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	25.3%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	33.8%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	51.2%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	39.2%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	37.9%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	9.7%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	4.8%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	11.6%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	211.3	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	28.9	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	88.1%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 36.7; Rank = 41

(note: most of these data were available only for the main city in the MSA)

	Louisville	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	6.5%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	22.3	18.9	2.3 – 94.1
Farmers' markets/1,000,000	31.8	14.8	1.0 – 41.0
Percent using public transportation to work	2.4%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	1.9%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	1.2	2.0	0.3 – 5.7
Dog parks/10,000	0.4	0.9	0.0 – 5.7
Park playgrounds/10,000	1.7	2.3	0.9 – 4.8
Golf courses/100,000	1.3	1.0	0.0 – 5.0
Park units/10,000	1.8	4.2	1.2 – 10.9
Recreation centers/20,000	0.5	1.1	0.1 – 2.6
Swimming pools/100,000	1.5	3.1	0.6 – 9.2
Tennis courts/10,000	2.5	2.1	0.8 – 6.9
Park-related expenditures per capita	\$42	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	1	2.5	0 – 3
Number of primary health care providers per 100,000	88.1	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level