

KANSAS CITY, MO

(Kansas City, MO-KS MSA)

COUNTIES

Franklin, KS, Johnson, KS, Leavenworth, KS, Linn, KS, Miami, KS, Wyandotte, KS, Bates, MO, Caldwell, MO, Cass, MO, Clay, MO, Clinton, MO, Jackson, MO, Lafayette, MO, Platte, MO, Ray, MO

Ranking: Total Score = 51.5; Rank = 22

STRENGTHS/ADVANTAGES

- Lower percent unemployed
- Lower percentage of households below poverty level
- More acres of parkland per capita
- More farmers' markets per capita
- More ball diamonds per capita
- More golf courses per capita
- More park units per capita
- Higher park-related expenditures per capita
- Higher level of state requirement for Physical Education classes

OPPORTUNITIES/CHALLENGES

- Lower percentage eating 5+ servings of fruits/vegetables per day
- Higher percent currently smoking
- Lower percent of city land area as parkland
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Fewer dog parks per capita
- Fewer recreation centers per capita
- Fewer swimming pools per capita

DESCRIPTION OF KANSAS CITY, MO-KS MSA

	Kansas City MSA	U.S. Value	MSA Average	MSA Range
Population	2,067,585	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	25.3%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	63.0%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	11.7%	12.9%	11.8%	7.9% – 17.2%
Percent male	49.1%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	90.0%	85.3%	86.7%	77.6% – 92.5%
Percent White	80.9%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	11.6%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	2.1%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	5.4%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	7.5%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	8.2%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$54,521	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	7.9%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	535.9	429.4		
Percent with disability	11.8%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 50.6; Rank = 22

	Kansas City MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	77.3%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	49.1%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	18.7%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	20.3%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	26.9%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	59.3%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	32.8%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	36.0%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	9.0%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.3%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	7.8%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	201.2	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	20.3	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	89.3%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 52.3; Rank = 25

(note: most of these data were available only for the main city in the MSA)

	Kansas City	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	8.6%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	36.0	18.9	2.3 – 94.1
Farmers' markets/1,000,000	20.8	14.8	1.0 – 41.0
Percent using public transportation to work	1.2%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	1.7%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	3.2	2.0	0.3 – 5.7
Dog parks/10,000	0.2	0.9	0.0 – 5.7
Park playgrounds/10,000	2.5	2.3	0.9 – 4.8
Golf courses/100,000	1.2	1.0	0.0 – 5.0
Park units/10,000	4.7	4.2	1.2 – 10.9
Recreation centers/20,000	0.4	1.1	0.1 – 2.6
Swimming pools/100,000	1.9	3.1	0.6 – 9.2
Tennis courts/10,000	2.3	2.1	0.8 – 6.9
Park-related expenditures per capita	\$129	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	85.8	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level