

HARTFORD, CT

(Hartford-West Hartford-East Hartford, CT MSA)

COUNTIES

Hartford, Middlesex, Tolland

Ranking: Total Score = 66.8; Rank = 7

STRENGTHS/ADVANTAGES

- Lower percent unemployed
- Higher median household income
- Lower percentage of households below poverty level
- Higher percent physically active at least moderately
- Higher percentage eating 5+ servings of fruits/vegetables per day
- Lower percent obese
- Higher percent in excellent or very good health
- Lower percent with diabetes
- Lower death rate for diabetes
- Higher percent of city land area as parkland
- More farmers' markets per capita
- More ball diamonds per capita
- More golf courses per capita
- More recreation centers per capita
- More swimming pools per capita
- Higher level of state requirement for Physical Education classes
- Higher number of primary health care providers per capita

OPPORTUNITIES/CHALLENGES

- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Fewer dog parks per capita
- Lower park-related expenditures per capita

DESCRIPTION OF HARTFORD-WEST HARTFORD-EAST HARTFORD, CT MSA

	Hartford MSA	U.S. Value	MSA Average	MSA Range
Population	1,195,998	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	22.3%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	63.6%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	14.1%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.8%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	88.9%	85.3%	86.7%	77.6% – 92.5%
Percent White	78.1%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	10.6%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	3.5%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	7.8%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	11.6%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	8.4%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$65,698	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	6.6%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	294.3	429.4		
Percent with disability	10.2%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 73.3; Rank = 6

	Hartford MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	79.3%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	55.5%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	29.7%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	15.4%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	21.6%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	62.6%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	37.0%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	33.6%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	9.1%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	4.0%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	6.2%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	191.2	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	16.6	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	91.9%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 60.8; Rank = 12

(note: most of these data were available only for the main city in the MSA)

	Hartford	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	20.8%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	18.2	18.9	2.3 – 94.1
Farmers' markets/1,000,000	41.0	14.8	1.0 – 41.0
Percent using public transportation to work	2.8%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.4%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	2.6	2.0	0.3 – 5.7
Dog parks/10,000	0.0	0.9	0.0 – 5.7
Park playgrounds/10,000	2.2	2.3	0.9 – 4.8
Golf courses/100,000	1.6	1.0	0.0 – 5.0
Park units/10,000	4.3	4.2	1.2 – 10.9
Recreation centers/20,000	1.8	1.1	0.1 – 2.6
Swimming pools/100,000	4.8	3.1	0.6 – 9.2
Tennis courts/10,000	2.0	2.1	0.8 – 6.9
Park-related expenditures per capita	\$17	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	104.4	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level