

DETROIT, MI

(Detroit-Warren-Livonia, MI MSA)

COUNTIES

Wayne, Lapeer, Livingston, Macomb, Oakland, St. Clair

Ranking: Total Score = 33.8; Rank = 46

STRENGTHS/ADVANTAGES

- More ball diamonds per capita
- More park playgrounds per capita
- Higher number of primary health care providers per capita

OPPORTUNITIES/CHALLENGES

- Higher percent unemployed
- Lower median household income
- Higher percentage of households below poverty level
- Higher percent with asthma
- Higher death rate for cardiovascular disease
- Higher death rate for diabetes
- Lower percent of city land area as parkland
- Fewer acres of parkland per capita
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Fewer dog parks per capita
- Fewer golf courses per capita
- Fewer recreation centers per capita
- Fewer swimming pools per capita
- Fewer tennis courts per capita
- Lower park-related expenditures per capita
- Lower level of state requirement for Physical Education classes

DESCRIPTION OF DETROIT-WARREN-LIVONIA, MI MSA

	Detroit MSA	U.S. Value	MSA Average	MSA Range
Population	4,403,437	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	24.2%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	63.0%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	12.8%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.8%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	86.9%	85.3%	86.7%	77.6% – 92.5%
Percent White	70.9%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	22.8%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	3.3%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	3.0%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	3.8%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	16.3%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$48,535	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	12.0%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	656.8	429.4		
Percent with disability	13.7%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 35.7; Rank = 42

	Detroit MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	76.5%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	46.7%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	23.3%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	18.4%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	28.3%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	54.5%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	35.1%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	37.1%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	9.6%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.7%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	8.8%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	268.6	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	27.5	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	86.6%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 32.1; Rank = 49

(note: most of these data were available only for the main city in the MSA)

	Detroit	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	6.7%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	6.5	18.9	2.3 – 94.1
Farmers' markets/1,000,000	16.1	14.8	1.0 – 41.0
Percent using public transportation to work	1.6%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.0%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	2.4	2.0	0.3 – 5.7
Dog parks/10,000	0.0	0.9	0.0 – 5.7
Park playgrounds/10,000	3.4	2.3	0.9 – 4.8
Golf courses/100,000	0.5	1.0	0.0 – 5.0
Park units/10,000	4.3	4.2	1.2 – 10.9
Recreation centers/20,000	0.3	1.1	0.1 – 2.6
Swimming pools/100,000	1.0	3.1	0.6 – 9.2
Tennis courts/10,000	1.3	2.1	0.8 – 6.9
Park-related expenditures per capita	\$26	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	0	2.5	0 – 3
Number of primary health care providers per 100,000	106.6	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level