

COLUMBUS, OH

(Columbus, OH MSA)

COUNTIES

Delaware, Fairfield, Franklin, Licking, Madison, Morrow, Pickaway, Union

Ranking: Total Score = 42.2; Rank = 38

STRENGTHS/ADVANTAGES

- Lower percent unemployed
- Lower percent with asthma
- Lower percent with angina or coronary heart disease
- More farmers' markets per capita
- More park units per capita
- Higher level of state requirement for Physical Education classes

OPPORTUNITIES/CHALLENGES

- Higher percentage of households below poverty level
- Higher percent currently smoking
- Higher percent obese
- Higher percent with diabetes
- Higher death rate for diabetes
- Lower percent of city land area as parkland
- Fewer acres of parkland per capita
- Lower percent using public transportation to work
- Fewer ball diamonds per capita
- Fewer dog parks per capita
- Fewer park playgrounds per capita
- Fewer golf courses per capita
- Fewer recreation centers per capita
- Fewer swimming pools per capita
- Lower park-related expenditures per capita

DESCRIPTION OF COLUMBUS, OH MSA

	Columbus MSA	U.S. Value	MSA Average	MSA Range
Population	1,801,848	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	24.6%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	64.9%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	10.6%	12.9%	11.8%	7.9% – 17.2%
Percent male	49.3%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	89.8%	85.3%	86.7%	77.6% – 92.5%
Percent White	79.9%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	13.8%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	3.0%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	3.2%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	3.3%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	8.6%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$50,773	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	11.3%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	370.4	429.4		
Percent with disability	11.1%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 37.6; Rank = 40

	Columbus MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	75.6%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	48.1%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	23.1%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	20.1%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	28.9%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	55.4%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	36.4%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	37.1%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	6.8%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.2%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	10.5%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	206.6	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	25.6	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	87.9%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 46.5; Rank = 31

(note: most of these data were available only for the main city in the MSA)

	Columbus	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	8.3%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	14.8	18.9	2.3 – 94.1
Farmers' markets/1,000,000	20.5	14.8	1.0 – 41.0
Percent using public transportation to work	1.4%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.6%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	1.2	2.0	0.3 – 5.7
Dog parks/10,000	0.3	0.9	0.0 – 5.7
Park playgrounds/10,000	1.9	2.3	0.9 – 4.8
Golf courses/100,000	0.9	1.0	0.0 – 5.0
Park units/10,000	5.2	4.2	1.2 – 10.9
Recreation centers/20,000	0.7	1.1	0.1 – 2.6
Swimming pools/100,000	1.3	3.1	0.6 – 9.2
Tennis courts/10,000	1.9	2.1	0.8 – 6.9
Park-related expenditures per capita	\$65	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	102.5	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level