

CLEVELAND, OH

(Cleveland-Elyria-Mentor, OH MSA)

COUNTIES

Cuyahoga, Geauga, Lake, Lorain, Medina

Ranking: Total Score = 49.6; Rank = 25

STRENGTHS/ADVANTAGES

- More farmers' markets per capita
- More ball diamonds per capita
- More park playgrounds per capita
- More golf courses per capita
- More swimming pools per capita
- More tennis courts per capita
- Higher level of state requirement for Physical Education classes
- Higher number of primary health care providers per capita

OPPORTUNITIES/CHALLENGES

- Higher percent unemployed
- Lower median household income
- Higher percentage of households below poverty level
- Higher percent obese
- Higher percent with asthma
- Higher percent with diabetes
- Higher death rate for cardiovascular disease
- Lower percent of city land area as parkland
- Fewer acres of parkland per capita
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Fewer dog parks per capita
- Lower park-related expenditures per capita

DESCRIPTION OF CLEVELAND-ELYRIA-MENTOR, OH MSA

	Cleveland MSA	U.S. Value	MSA Average	MSA Range
Population	2,091,286	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	23.3%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	61.8%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	14.9%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.1%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	87.7%	85.3%	86.7%	77.6% – 92.5%
Percent White	75.8%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	19.6%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	1.9%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	2.7%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	4.5%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	12.0%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$45,395	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	11.1%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	428.7	429.4		
Percent with disability	13.8%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 39.8; Rank = 39

	Cleveland MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	76.6%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	51.2%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	22.5%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	16.5%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	29.0%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	58.5%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	36.2%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	36.2%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	11.9%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	3.8%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	10.5%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	234.1	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	23.5	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	90.4%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 58.6; Rank = 15

(note: most of these data were available only for the main city in the MSA)

	Cleveland	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	6.3%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	7.2	18.9	2.3 – 94.1
Farmers' markets/1,000,000	19.6	14.8	1.0 – 41.0
Percent using public transportation to work	3.8%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.5%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	3.2	2.0	0.3 – 5.7
Dog parks/10,000	0.2	0.9	0.0 – 5.7
Park playgrounds/10,000	2.7	2.3	0.9 – 4.8
Golf courses/100,000	1.2	1.0	0.0 – 5.0
Park units/10,000	3.8	4.2	1.2 – 10.9
Recreation centers/20,000	1.0	1.1	0.1 – 2.6
Swimming pools/100,000	9.2	3.1	0.6 – 9.2
Tennis courts/10,000	2.6	2.1	0.8 – 6.9
Park-related expenditures per capita	\$75	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	118.8	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level