

CINCINNATI, OH

(Cincinnati-Middletown, OH-KY-IN MSA)

COUNTIES

Dearborn IN, Franklin IN, Ohio IN, Boone KY, Bracken KY, Campbell KY, Gallatin KY, Grant KY, Kenton KY, Pendleton KY, Brown OH, Butler OH, Clermont OH, Hamilton OH, Warren OH

Ranking: Total Score = 60.3; Rank = 14

STRENGTHS/ADVANTAGES

- Higher percent of city land area as parkland
- More farmers' markets per capita
- More ball diamonds per capita
- More dog parks per capita
- More park playgrounds per capita
- More golf courses per capita
- More park units per capita
- More recreation centers per capita
- More swimming pools per capita
- More tennis courts per capita
- Higher park-related expenditures per capita
- Higher level of state requirement for Physical Education classes

OPPORTUNITIES/CHALLENGES

- Higher percent currently smoking
- Higher percent with angina or coronary heart disease
- Higher death rate for diabetes
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work

DESCRIPTION OF CINCINNATI-MIDDLETOWN, OH-KY-IN MSA

	Cincinnati MSA	U.S. Value	MSA Average	MSA Range
Population	2,171,896	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	24.6%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	63.3%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	12.2%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.9%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	87.6%	85.3%	86.7%	77.6% – 92.5%
Percent White	84.0%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	11.9%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	1.7%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	2.4%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	2.2%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	9.7%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$51,832	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	9.2%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	341.8	429.4		
Percent with disability	12.4%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 41.4; Rank = 37

	Cincinnati MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	74.3%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	47.8%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	22.4%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	19.4%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	26.2%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	57.4%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	36.6%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	36.0%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	8.8%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	4.2%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	7.9%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	200.1	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	25.4	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	91.7%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 77.6; Rank = 1

(note: most of these data were available only for the main city in the MSA)

	Cincinnati	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	13.7%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	20.5	18.9	2.3 – 94.1
Farmers' markets/1,000,000	18.9	14.8	1.0 – 41.0
Percent using public transportation to work	2.4%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	2.3%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	3.7	2.0	0.3 – 5.7
Dog parks/10,000	1.2	0.9	0.0 – 5.7
Park playgrounds/10,000	4.8	2.3	0.9 – 4.8
Golf courses/100,000	2.1	1.0	0.0 – 5.0
Park units/10,000	10.9	4.2	1.2 – 10.9
Recreation centers/20,000	1.6	1.1	0.1 – 2.6
Swimming pools/100,000	7.8	3.1	0.6 – 9.2
Tennis courts/10,000	3.6	2.1	0.8 – 6.9
Park-related expenditures per capita	\$154	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	91.6	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level